



# The Impact of a Bespoke Mentoring Programme on Primary School PE Teaching

**2015 - 2016 Progress Report**

May 2016



# PE Curriculum Support (PECS)

A sustainable and effective way for schools to use their Primary PE and School Sport Premium. PECS is a bespoke 1-to-1 mentoring programme that increases the confidence and competence levels of the teaching workforce in the delivery of primary school PE.

The PECS programme is different to one-off training programmes and 'team teaching' services offered by sports coaching companies.

It is flexible, user focused, targets the total development of teaching staff and helps to improve the education, health and wellbeing of the children and the teaching workforce.

Holding the highly prestigious Association for Physical Education (afPE) Professional Development kite mark, the PECS programme has been recognised for the high quality learning it provides for primary school teachers.



Our team work alongside a school workforce to help achieve their specific individual outcomes.

The unique mentoring approach results in enhanced PE knowledge and increased confidence, fitting around the needs of the school and each individual member of their team.

The impact of the PECS programme on the school workforce is constantly measured. This gives the school invaluable evidence to justify their Primary PE and School Sports Premium spend and demonstrate impact to Ofsted.

This progress report details the impact of the PECS programme has had on 118 primary school teachers during the 2015/2016 academic year.

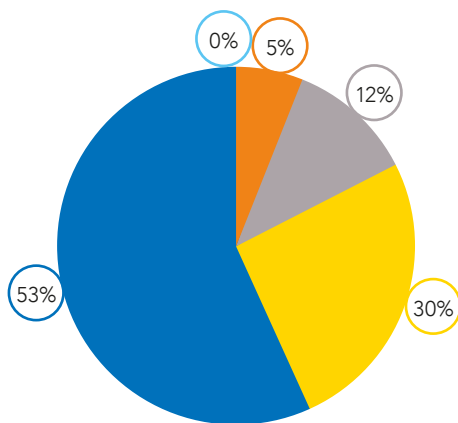


# Teacher Progress

Before the programme began, teachers were asked to rate themselves on a ten point scale on the following aspects: Planning, Tracking Pupil Progress, Report Writing, Confidence in PE and PE Subject Knowledge.

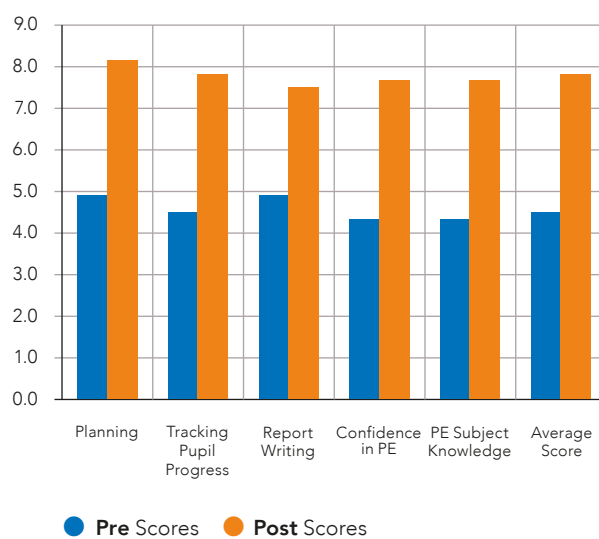
## Overall Progress

- At the beginning of the programme, the overall average score (on all aspects) was 4.6 and at the end the average score was 7.8. This indicated that the programme in general gave a significant 69.6% increase in performance
- Every single teacher increased their average score by at least 1 point and 83% of the participants indicated that their score had increased by at least 3 points
- Over half the teachers (63%) involved in the programme improved their overall average score by at least 4 points



- No increase (0%)
- Increase of **one** point (5%)
- Increase of **two** points (12%)
- Increase of **three** points (30%)
- Increase of **four** points or more (53%)

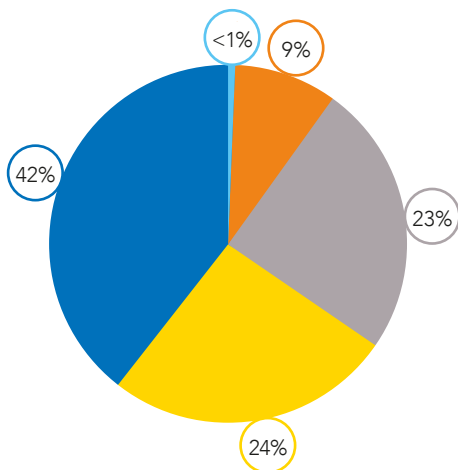
Average scores before and after the programme for all participants



# Planning

An overall average rating score of 4.9 for planning before the programme increased by 66.4% to 8.15 after the programme.

- 117 of the 118 teachers increased their scores in planning
- Over 2/3 of all teachers (67%) improved their score by at least 3 points. (Table A – Column 2)
- The increase was evident in experienced and non-experienced teachers
- Experienced teachers (teaching for at least 5 years) showed an increase of 53.7% from 5.15 to 7.92. Over half of the experienced teachers (51%) increased their planning score by at least 3 points. (Table B – Column 2)
- Inexperienced teachers (teaching for less than 5 years) made a 71.8% increase from 4.88 to 8.38. 55% of these inexperienced teachers increased their score by at least 4 points. 73% increased by at least 3 points. (Table C – Column 2)
- Understandably, the inexperienced teachers averaged a lower starting score for ability to plan but averaged a higher score at the end of the programme when compared to the experienced teachers



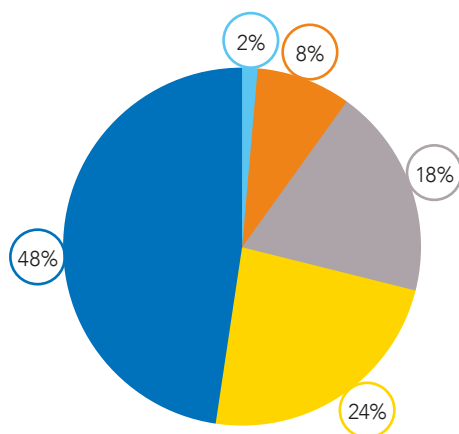
- No increase (<1%)
- Increase of **one** point (9%)
- Increase of **two** points (23%)
- Increase of **three** points (24%)
- Increase of **four** points or more (42%)

	Planning	
	Average Pre-score	Average Post-score
	<b>4.90</b>	<b>8.15</b>
Average increase in score	<b>3.3 points</b>	
Average performance increase	<b>66.4%</b>	
Number of teachers who improved their score by at least <b>one</b> point	<b>117</b>	<b>99%</b>
Number of teachers who improved their score by at least <b>two</b> points	<b>106</b>	<b>90%</b>
Number of teachers who improved their score by at least <b>three</b> points	<b>79</b>	<b>67%</b>
Number of teachers who improved their score by at least <b>four</b> points	<b>50</b>	<b>42%</b>

# Tracking Pupil Progress

Participants gave themselves an average score of 4.43 for tracking pupil progress before the programme which increased by 76% to 7.81 after the programme.

- 116 of the 118 teachers increased their scores in tracking pupil progress
- Nearly 3/4 of all teachers (72%) improved their score by at least 3 points. (Table A – Column 4)
- Experienced teachers increased their scores by 63.8% from an average of 4.46 to 7.31
- Over half of these experienced teachers (54%) increased their ability to track pupil progress by at least 3 points (Table B – Column 4)
- Inexperienced teachers increased their scores by 88.2% from 4.23 to 7.95 with 63% of these teachers increasing their score by at least 4 points
- 78% of these inexperienced teachers increased their ability to track pupil progress by at least 3 points (Table C – Column 4)



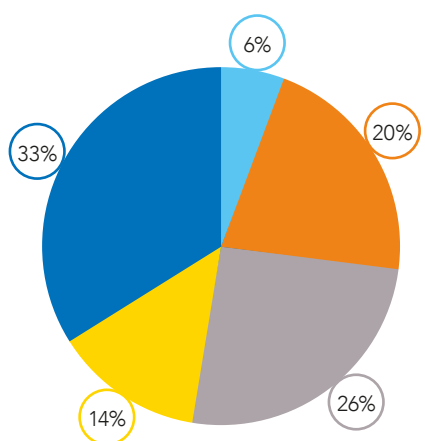
- No increase (2%)
- Increase of **one** point (8%)
- Increase of **two** points (18%)
- Increase of **three** points (24%)
- Increase of **four** points or more (48%)

	Tracking Pupil Progress	
	Average Pre-score	Average Post-score
	<b>4.43</b>	<b>7.81</b>
Average increase in score	<b>3.4 points</b>	
Average performance increase	<b>76.1%</b>	
Number of teachers who improved their score by at least <b>one</b> point	<b>116</b>	<b>98%</b>
Number of teachers who improved their score by at least <b>two</b> points	<b>106</b>	<b>90%</b>
Number of teachers who improved their score by at least <b>three</b> points	<b>85</b>	<b>72%</b>
Number of teachers who improved their score by at least <b>four</b> points	<b>57</b>	<b>48%</b>

# Report Writing

Participants gave themselves an average score of 4.86 for report writing before the programme which increased by 55.1% to 7.54 after the programme.

- 111 of the 118 teachers increased their scores in report writing
- Nearly 1/2 of all teachers (47%) improved their score by at least 3 points. (Table A – Column 6)
- Experienced teachers increased their scores in report writing by 48.2% from 4.90 to 7.26
- 41% of the experienced teachers increased their report writing score by at least 3 points (Table B – Column 6)
- Inexperienced teachers increased their scores by 71.3% from 4.53 to 7.75
- 45% of the inexperienced teachers increased their score by at least 4 points
- 58% of the inexperienced teachers increased their score by at least 3 points. (Table C – Column 6)



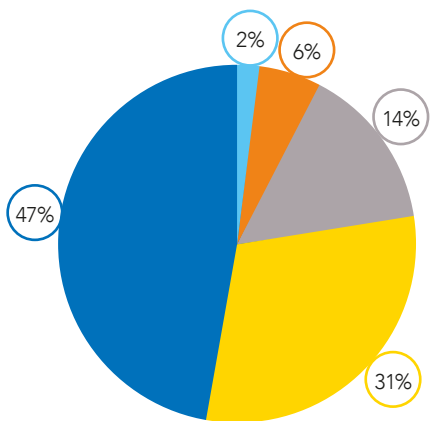
- No increase (6%)
- Increase of **one** point (20%)
- Increase of **two** points (26%)
- Increase of **three** points (14%)
- Increase of **four** points or more (33%)

	Report Writing	
	Average Pre-score	Average Post-score
	<b>4.86</b>	<b>7.54</b>
Average increase in score	<b>2.7 points</b>	
Average performance increase	<b>55.1%</b>	
Number of teachers who improved their score by at least <b>one</b> point	<b>111</b>	<b>94%</b>
Number of teachers who improved their score by at least <b>two</b> points	<b>87</b>	<b>74%</b>
Number of teachers who improved their score by at least <b>three</b> points	<b>56</b>	<b>47%</b>
Number of teachers who improved their score by at least <b>four</b> points	<b>39</b>	<b>33%</b>

# Confidence in PE

Participants gave themselves an average score of 4.31 for confidence in PE before the programme which increased by 80.5% to 7.77 after the programme.

- 116 of the 118 teachers increased their scores in confidence
- Nearly 1/2 of all teachers (47%) improved their score by at least 4 points. (Table A – Column 8)
- Experienced teachers increased their scores in confidence by 69% from 4.31 to 7.28
- 69% of experienced teachers increased their confidence score by at least 3 points. (Table B – Column 8)
- Inexperienced teachers increased their confidence scores by 87% from 4.23 to 7.9
- 55% of the inexperienced teachers increased their score by at least 4 points
- 85% of the inexperienced teachers increased their confidence score by at least 3 points. (Table C – Column 8)



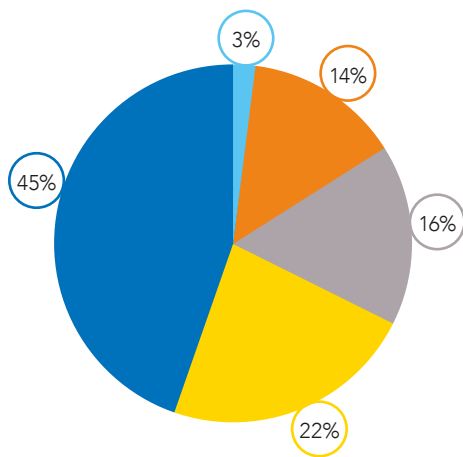
- No increase (2%)
- Increase of **one** point (6%)
- Increase of **two** points (14%)
- Increase of **three** points (31%)
- Increase of **four** points or more (47%)

	Confidence in PE	
	Average Pre-score	Average Post-score
	<b>4.31</b>	<b>7.77</b>
Average increase in score	<b>3.5 points</b>	
Average performance increase	<b>80.5%</b>	
Number of teachers who improved their score by at least <b>one</b> point	<b>116</b>	<b>98%</b>
Number of teachers who improved their score by at least <b>two</b> points	<b>109</b>	<b>92%</b>
Number of teachers who improved their score by at least <b>three</b> points	<b>93</b>	<b>79%</b>
Number of teachers who improved their score by at least <b>four</b> points	<b>56</b>	<b>47%</b>

# PE Subject Knowledge

Participants gave themselves an average score of 4.48 for PE subject knowledge before the programme which increased by 72% to 7.77 after the programme.

- 115 of the 118 teachers increased their scores in subject knowledge
- Over 2/3 of all teachers (67%) improved their score by at least 3 points. (Table A – Column 10)
- Experienced teachers increased their scores in subject knowledge by 51.6% from 4.72 to 7.15
- Nearly half (49%) of the experienced teachers increased their subject knowledge score by at least 3 points. (Table B – Column 10)
- Inexperienced teachers increased their subject knowledge scores by 73.2% from 4.48 to 7.75 with 45% of these teachers increasing their score by at least 4 points
- 70% of the inexperienced teachers increased their subject knowledge score by at least 3 points (Table C – Column 10)



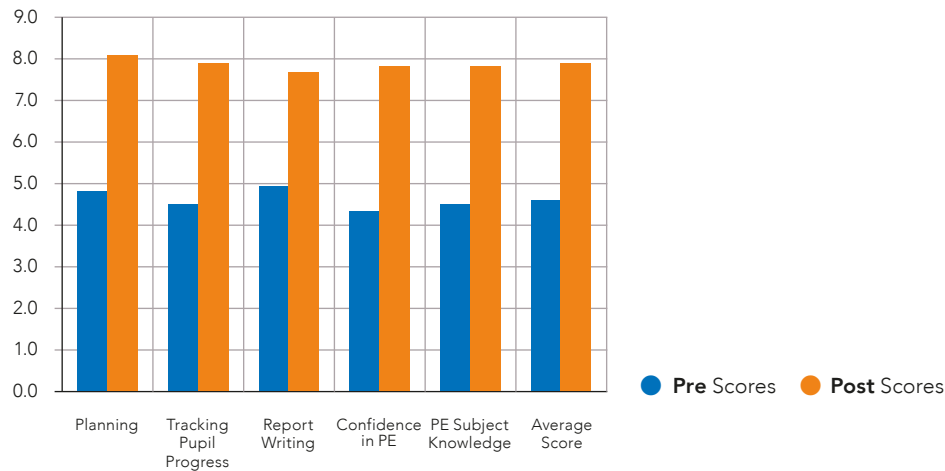
- No increase (3%)
- Increase of **one** point (14%)
- Increase of **two** points (16%)
- Increase of **three** points (22%)
- Increase of **four** points or more (45%)

	PE Subject Knowledge	
	Average Pre-score	Average Post-score
	<b>4.48</b>	<b>7.71</b>
Average increase in score	<b>3.2 points</b>	
Average performance increase	<b>72.0%</b>	
Number of teachers who improved their score by at least <b>one</b> point	<b>115</b>	<b>97%</b>
Number of teachers who improved their score by at least <b>two</b> points	<b>98</b>	<b>83%</b>
Number of teachers who improved their score by at least <b>three</b> points	<b>79</b>	<b>67%</b>
Number of teachers who improved their score by at least <b>four</b> points	<b>53</b>	<b>45%</b>



# All Teachers Score Summaries Table A

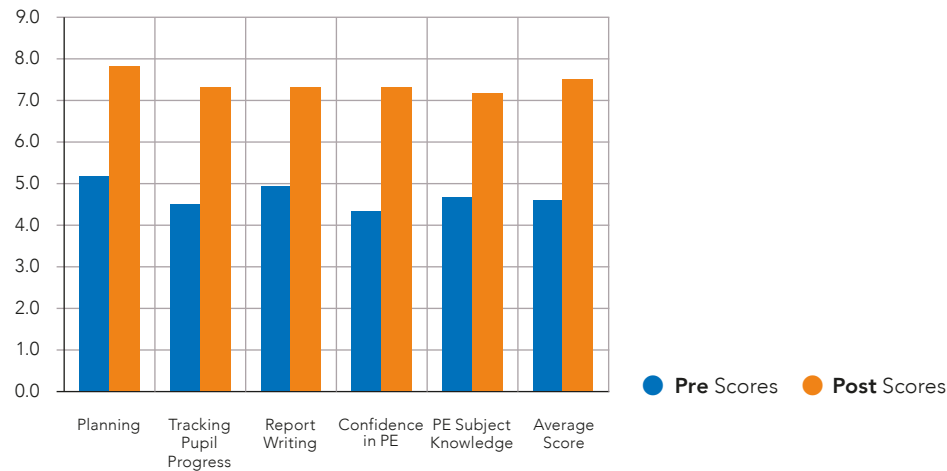
	Planning		Tracking Pupil Progress		Report Writing		Confidence in PE		PE Subject Knowledge		Overall Average Score	
	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score
	<b>4.90</b>	<b>8.15</b>	<b>4.43</b>	<b>7.81</b>	<b>4.86</b>	<b>7.54</b>	<b>4.31</b>	<b>7.77</b>	<b>4.48</b>	<b>7.71</b>	<b>4.60</b>	<b>7.80</b>
Average increase in score	<b>3.3 points</b>		<b>3.4 points</b>		<b>2.7 points</b>		<b>3.5 points</b>		<b>3.2 points</b>		<b>3.2 points</b>	
Average performance increase	<b>66.4%</b>		<b>76.1%</b>		<b>55.1%</b>		<b>80.5%</b>		<b>72.0%</b>		<b>69.6%</b>	
Number of teachers who improved their score by at least <b>one</b> point	<b>117</b>	<b>99%</b>	<b>116</b>	<b>98%</b>	<b>111</b>	<b>94%</b>	<b>116</b>	<b>98%</b>	<b>115</b>	<b>97%</b>	<b>118</b>	<b>100%</b>
Number of teachers who improved their score by at least <b>two</b> points	<b>106</b>	<b>90%</b>	<b>106</b>	<b>90%</b>	<b>87</b>	<b>74%</b>	<b>109</b>	<b>92%</b>	<b>98</b>	<b>83%</b>	<b>112</b>	<b>95%</b>
Number of teachers who improved their score by at least <b>three</b> points	<b>79</b>	<b>67%</b>	<b>85</b>	<b>72%</b>	<b>56</b>	<b>47%</b>	<b>93</b>	<b>79%</b>	<b>79</b>	<b>67%</b>	<b>98</b>	<b>83%</b>
Number of teachers who improved their score by at least <b>four</b> points	<b>50</b>	<b>42%</b>	<b>57</b>	<b>48%</b>	<b>39</b>	<b>33%</b>	<b>56</b>	<b>47%</b>	<b>53</b>	<b>45%</b>	<b>63</b>	<b>53%</b>



	Pre Scores	Post Scores
Planning	<b>4.90</b>	<b>8.15</b>
Tracking Pupil Progress	<b>4.43</b>	<b>7.81</b>
Report Writing	<b>4.86</b>	<b>7.54</b>
Confidence in PE	<b>4.31</b>	<b>7.77</b>
PE Subject Knowledge	<b>4.48</b>	<b>7.71</b>
<b>Average Score</b>	<b>4.6</b>	<b>7.8</b>

# Experienced Teachers Score Summaries Table B

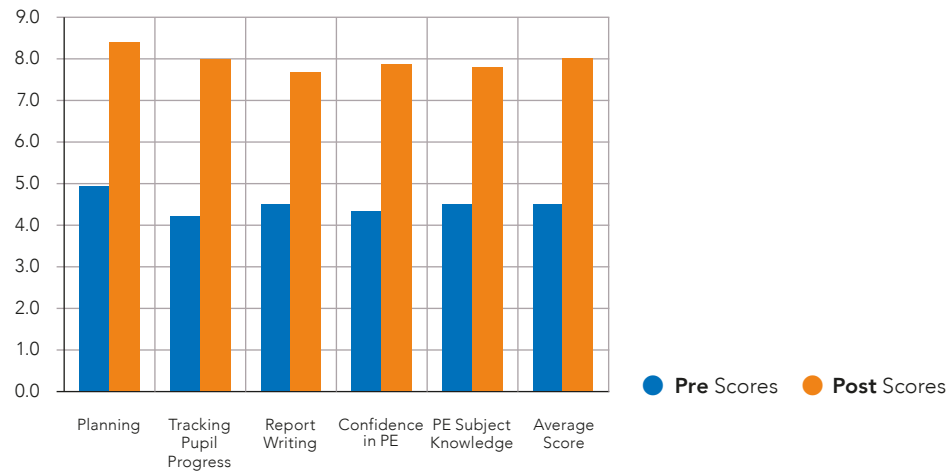
	Planning		Tracking Pupil Progress		Report Writing		Confidence in PE		PE Subject Knowledge		Overall Average Score	
	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score
	5.15	7.92	4.46	7.31	4.90	7.26	4.31	7.28	4.72	7.15	4.71	7.38
Average increase in score	2.8 points		2.8 points		2.4 points		3.0 points		2.4 points		2.7 points	
Average performance increase	53.7%		63.8%		48.2%		69.0%		51.6%		56.9%	
Number of <b>experienced teachers</b> who improved their score by at least <b>one</b> point	97%		99%		90%		100%		95%		100%	
Number of <b>experienced teachers</b> who improved their score by at least <b>two</b> points	79%		90%		69%		90%		69%		90%	
Number of <b>experienced teachers</b> who improved their score by at least <b>three</b> points	51%		67%		41%		69%		49%		67%	
Number of <b>experienced teachers</b> who improved their score by at least <b>four</b> points	31%		33%		28%		31%		21%		38%	



	Pre Scores	Post Scores
Planning	5.20	7.92
Tracking Pupil Progress	4.50	7.31
Report Writing	4.90	7.26
Confidence in PE	4.30	7.28
PE Subject Knowledge	4.70	7.15
<b>Average Score</b>	<b>4.70</b>	<b>7.40</b>

# Inexperienced Teachers Score Summaries Table C

	Planning		Tracking Pupil Progress		Report Writing		Confidence in PE		PE Subject Knowledge		Overall Average Score	
	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score	Average Pre-score	Average Post-score
	<b>4.88</b>	<b>8.38</b>	<b>4.23</b>	<b>7.95</b>	<b>4.53</b>	<b>7.75</b>	<b>4.23</b>	<b>7.90</b>	<b>4.48</b>	<b>7.75</b>	<b>4.47</b>	<b>7.95</b>
Average increase in score	<b>3.5 points</b>		<b>3.7 points</b>		<b>3.2 points</b>		<b>3.7 points</b>		<b>3.3 points</b>		<b>3.5 points</b>	
Average performance increase	<b>71.8%</b>		<b>88.2%</b>		<b>71.3%</b>		<b>87.0%</b>		<b>73.2%</b>		<b>77.9%</b>	
Number of <b>inexperienced teachers</b> who improved their score by at least <b>one</b> point	<b>100%</b>		<b>100%</b>		<b>95%</b>		<b>98%</b>		<b>98%</b>		<b>100%</b>	
Number of <b>inexperienced teachers</b> who improved their score by at least <b>two</b> points	<b>90%</b>		<b>90%</b>		<b>83%</b>		<b>90%</b>		<b>85%</b>		<b>95%</b>	
Number of <b>inexperienced teachers</b> who improved their score by at least <b>three</b> points	<b>73%</b>		<b>78%</b>		<b>58%</b>		<b>85%</b>		<b>70%</b>		<b>90%</b>	
Number of <b>inexperienced teachers</b> who improved their score by at least <b>four</b> points	<b>55%</b>		<b>63%</b>		<b>45%</b>		<b>55%</b>		<b>45%</b>		<b>60%</b>	



	Pre Scores	Post Scores
Planning	<b>4.90</b>	<b>8.40</b>
Tracking Pupil Progress	<b>4.20</b>	<b>8.00</b>
Report Writing	<b>4.50</b>	<b>7.80</b>
Confidence in PE	<b>4.20</b>	<b>7.90</b>
PE Subject Knowledge	<b>4.50</b>	<b>7.80</b>
<b>Average Score</b>	<b>4.50</b>	<b>7.90</b>

## Inexperienced Teacher (NQT)

Example

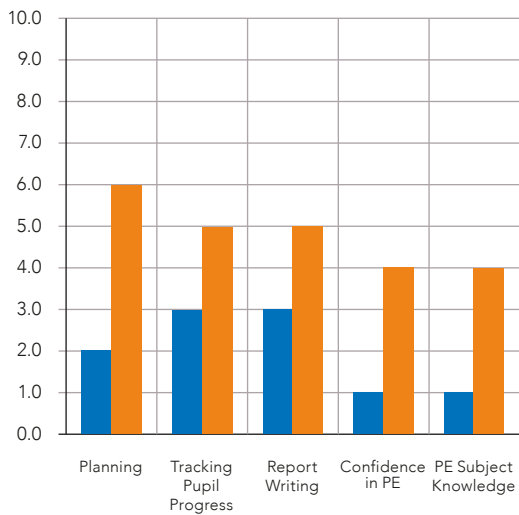


● Pre Scores ● Post Scores

	Pre Scores	Post Scores
Planning	3.0	9.0
Tracking Pupil Progress	4.0	9.0
Report Writing	4.0	10.0
Confidence in PE	3.0	9.0
PE Subject Knowledge	4.0	9.0

## Experienced Teacher (30 years)

Example



● Pre Scores ● Post Scores

	Pre Scores	Post Scores
Planning	2.0	6.0
Tracking Pupil Progress	3.0	5.0
Report Writing	3.0	5.0
Confidence in PE	1.0	4.0
PE Subject Knowledge	1.0	4.0



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